

## Appetizer

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- 素春卷  
**Vegetarian Spring Roll (3 Rolls)** 7.9  
Crispy imperial spring rolls with cabbage, carrot and celery served with sweet chilli sauce
- 黄金虾卷  
**King Prawn Spring Roll (3 Rolls)** 8.9  
Crispy imperial spring rolls with king prawn served with teahouse special sauce
- 蒸点心/炸点心  
**Steamed/Deep Fried Dim Sim (3pcs)** 8.9  
Dim Sim with minced pork, cabbage and eggs served with homemade soy sauce or sweet chilli sauce
- 点心拼盘  
**Dim Sim Platter** 10.9  
Spring roll 2pcs, deep fried dim sim 2pcs served with sweet chilli sauce
- 鸡虾锅贴  
**Pan Fried Prawn & Chicken Dumpling (8pcs)** 15.9  
Minced chicken & prawn served with homemade chilli oil and soy sauce
- 香菇鸡肉锅贴  
**Pan Fried Chicken & Mushroom Dumpling(8pcs)** 15.9  
Minced chicken & mushroom served with homemade chilli oil and soy sauce
- 猪肉锅贴  
**Pan Fried Pork Dumpling (8pcs)** 15.9  
Minced pork, Chinese cabbage served with homemade chilli oil and soy sauce
- 素菜锅贴  
**Pan Fried Vegetarian Dumpling (8pcs)** 15.9  
Chinese cabbage, carrot, bamboo shoots, broccoli and eggs served with homemade chilli oil and soy sauce
- 葱油饼  
**Shallot Pancake (2pcs)** 8.9  
Two fried spring onion pastry cakes
- 小笼包  
**Steamed Pork Soup Bun (3pcs)** 8.9  
Minced pork with homemade special soup in a bun

 Gluten free

 Less Gluten

King Prawn Spring Roll



Steamed Pork Soup Bun

## Appetizer Soup

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虾饺

**Steamed King Prawn Dumpling (3pcs) 8.9**

King prawn and bamboo shoots served with homemade chilli oil and soy sauce

香菜饺

**Steamed Coriander Prawn Dumpling (3pcs) 8.9**

King prawn, bamboo shoots and coriander served with homemade chilli oil and soy sauce

韭菜饺

**Steamed Chive Prawn Dumpling (3pcs) 8.9**

King prawn, bamboo shoots and chives served with homemade chilli oil and soy sauce

叉烧酥

**BBQ Pork Pastry (3pcs) 8.9**

Homemade barbecue pork, onion sprinkled with sesame seed

叉烧包

**Steamed BBQ Pork Bun (1pce) 3.9**

Homemade barbecue pork & onion in a bun

椒盐鱿鱼须

**Salt and Pepper Squid Tentacles 11.9**

Deep fried squid tentacles with salt and pepper

蒜香鸡翅

**Garlic Chicken Wings (3pcs) 8.9**

Deep fried garlic chicken wings served with homemade lemon sauce

沙嗲鸡串

**Satay Chicken Skewers (3pcs) 8.9**

Chicken skewer with satay peanut sauce on the side

生菜包

**San Choy Bow (2pcs) 9.9**

Diced chicken, diced vegetables served in a lettuce leaf with special sauce

鸡茸粟米汤

**Chicken Sweet Corn Soup 7.9**

Minced chicken and creamy sweet corn soup

海鲜酸辣汤

**Hot and Sour Seafood Soup 8.9**

Mixed seafood with hot and sour paste soup

冬阴汤

**Tom Yum Prawn Soup 7.9**

Prawns Thai classic hot and sour soup

海鲜豆腐羹

**Seafood Tofu Soup 7.9**

Mixed seafood and diced tofu in soup broth

云吞汤

**Wonton Short Soup 7.9**

Wonton in clear chicken soup

红油水饺

**Dumpling in Spicy Soup 13.9**

Chicken & prawn dumpling with Bok Choy in clear chicken soup

## Salad Chicken

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素菜沙律



Mixed Vegetable Salad

 15.9

Mixed fresh salad, boiled egg, tomato, carrot, bean sprout, capsicum, tossed with Teahouse special dressing

木瓜沙律

Green Papaya Salad

  15.9

Green papaya, mixed fresh salad, carrot, tossed with fish sauce dressing

牛肉沙律

Spicy Beef Salad

 18.9

Mixed fresh salad, pan fried beef, bean sprout, capsicum, carrot, mint leaves, and peanuts tossed with Teahouse spicy dressing

### Sauces

Sweet & Sour, Chilli oil, Lemon, Tea duck sauce

2.0

Plum, Satay

3.0

柠檬鸡

Lemon Chicken

19.9

Deep fried chicken fillet with lemon sauce

蜜糖鸡

Honey Chicken

21.9

Deep fried chicken fillet with honey sauce

椒盐鸡

Salt & Pepper Chicken

20.9

Deep fried chicken fillet with salt and pepper and diced capsicum and onion

宫保鸡

Kung Pao Chicken

 20.9

Stir fried chicken fillet with onion, capsicum and peanuts in chilli paste

鱼香鸡

Yu-Shiang Chicken

 20.9

Stir fried chicken fillet with bamboo shoots in special spicy and sweet Yu Shiang sauce

腰果鸡

Cashew Nut Chicken

20.9

Stir fried chicken fillet with onion capsicum and cashew nuts

豆豉鸡

Black Bean Chicken

20.9

Stir fried chicken fillet with onion and capsicum in homemade black bean sauce

时菜鸡

Mixed Vegetable Chicken

 20.9

Stir fried chicken fillet with season mixed vegetable in garlic sauce

沙嗲鸡

Satay Chicken

23.9

Stir fried chicken fillet with onion and capsicum in satay peanut sauce

## Chicken Duck

铁板泰式鸡排

**Sizzling Thai Chicken** 23.9  
Chicken fillet with onion and broccoli in Thai style sauce on sizzling plate

铁板黑椒鸡排

**Sizzling Black Pepper Chicken** 23.9  
Chicken fillet with onion and broccoli in creamy black pepper sauce on sizzling plate

铁板蒙古鸡

**Sizzling Mongolian Chicken** 23.9  
Sizzling chicken fillet sauteed with onion shallots in Mongolian peanut sauce

铁板蜜椒鸡

**Sizzling Honey Pepper Chicken** 23.9  
Sizzling honey pepper chicken fillet sautéed with onion and capsicum

铁板烧汁鸡肉

**Sizzling Teriyaki Chicken** 23.9  
Sizzling teriyaki chicken sauteed with onion and capsicum

铁板四川鸡

**Sizzling chilli chicken** 23.9  
Sizzling chicken fillet sauced with slices of onion and capsicum

樟茶鸭

**Smoked Tea Duck** 27.9  
Half tea smoked duck with special sauce inside

梅子鸭

**Plum Duck** 27.9  
Half boneless roasted duck with traditional homemade plum sauce

北京烤鸭

**Peking Duck** 73.9  
Roasted duck served with homemade pancake, special sauce, spring onion and cucumber strips (2 courses, must be ordered 12 hours in advance)



Plum Duck



Smoked Tea Duck

## Beef Pork

- 脆牛柳  
**Crispy Beef** 24.9  
Crispy beef with slices of carrot and capsicum in sweet and sour sauce
- 宫保牛肉  
**Kung Pao Beef** 23.9  
Stir fried beef with onion, capsicum and peanuts in chilli paste
- 豆豉牛肉  
**Black Bean Beef** 23.9  
Stir fried beef with onion and capsicum in homemade black bean sauce
- 红茶牛柳  
**Black Tea Beef** 24.9  
Stir fried beef with onion, capsicum, carrot, broccoli and black tea in homemade oyster sauce
- 铁板蒙古牛  
**Sizzling Mongolian Beef** 24.9  
Sizzling beef sauteed with onion shallots and capsicum in Mongolian peanut sauce
- 铁板烧汁牛  
**Sizzling Teriyaki Beef** 24.9  
Sizzling teriyaki beef sauteed with onion and capsicum
- 铁板蜜椒牛柳  
**Sizzling Honey Pepper Beef** 24.9  
Sizzling honey pepper beef sauteed with onion and capsicum
- 铁板鲍菇牛  
**Sizzling Teriyaki Beef with Oyster Mushroom** 25.9  
Stir fried beef with onion, capsicum and oyster mushroom in Teriyaki sauce on Sizzling plate
- 铁板沙茶牛  
**Sizzling Sha Cha Beef** 25.9  
Sizzling stir fry beef with chinese broccoli in sha cha sauce
- 水煮牛肉  
**Boiled Beef in Sichuan Chilli Sauce** 31.9  
Boiled beef with bean sprout and season vegetable in Sichuan chilli oil
- 甜酸咕嚕肉  
**Sweet & Sour Pork** 21.9  
Crispy pork with pineapple, onion and capsicum in sweet and sour sauce
- 回锅肉  
**Double Cooked Pork** 23.9  
Double cooked pork slices with spring onion, onion, capsicum and garlic stick in spicy oyster sauce
- 鱼香肉丝  
**Yu-Shiang Pork** 20.9  
Stir fried shredded pork with bamboo shoots and capsicum in spicy and sweet Yu Shiang sauce



Crispy Beef

## Pork Lamb Seafood

辣味椒盐排骨

Salt & pepper Chilli Pork Ribs



23.9

Battered crispy fried pork ribs with hot chillis, salt & pepper mixed with diced capsicum and onion

双椒肉丝

Pickled Chilli Pork



23.9

Stir fried shredded pork with carrot, onion and pickled chilli in special sauce

孜然羊肉

Cumin Seed Lamb

23.9

Stir fried sliced lamb with onion, capsicum and cumin seed

双椒羊肉

Pickled Chilli Lamb



23.9

Stir fried sliced lamb with carrot, onion and pickled chilli in special sauce

铁板蒙古羊

Sizzling Mongolian Lamb

23.9

Sizzling lamb sauteed with onion shallots

铁板姜葱炒带子

Sizzling Scallop with Ginger & Shallots

27.9

Sizzling scallop sauteed with onion, ginger and shallots

椒盐鱿鱼

Salt & Pepper Squid

22.9

Deep fried squid tossed with salt & pepper, diced capsicum and onion

酥炸软壳蟹

Salt & Pepper Soft Shell Crab

27.9

Wok fried two whole crabs with salt and pepper garnished with chilli and garlic

椒盐鱼片

Salt & Pepper Fish

21.9

Deep fried fish fillet with salt & pepper, diced capsicum and onion

姜葱鱼片

Fish Ginger Shallots

22.9

Steamed fish fillet with ginger and shallots in Teahouse special sauce

姜葱蒸鱼

Steamed Barramundi with Ginger Shallots

31.9

Whole steamed barramundi with ginger and shallots in homemade sauce

水煮鱼

Fish Fillet in Sichuan Chilli Sauce



31.9

Boiled sliced fish fillet with bean sprout and season vegetable in Sichuan chilli oil

桂花鱼片

Crispy Fish Fillet with Sweet & Sour Osmanthus Sauce

22.9

Stir fired crispy fish fillet with sweet and sour Osmanthus sauce

Salt & Pepper Soft Shell Crab



## Seafood

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青木瓜盲曹

**Crispy Barramundi & Green Papaya**  29.9

Deep fried whole barramundi fillet served with shredded green papaya and fish sauce dressing

宫保虾球

**Kung Pao King Prawn**  24.9

Stir fried king prawn with onion, capsicum and peanuts in chilli paste

龙井虾仁

**LongJing Tea King Prawn** 25.9

Stir fried king prawn with beans, carrot, broccoli in traditional special tea sauce

时菜虾球

**Mixed Vegetable King Prawn** 24.9

Stir fried king prawn with mixed season vegetable in garlic sauce

椒盐虾球

**Salt & Pepper King Prawn** 23.9

Deep fried king prawn with salt and pepper garnished with chilli and garlic

蜜糖虾

**Honey King Prawn** 24.9

Deep fried king prawn with honey sauce

铁板蒜茸虾球

**Sizzling Garlic King Prawn** 25.9

King prawn with onion and capsicum in creamy garlic sauce on sizzling plate

铁板姜葱炒虾球

**Sizzling King Prawn with Ginger & Shallots** 25.9

Sizzling king prawn sauteed with ginger shallots

铁板新加坡海鲜

**Sizzling Singapore Style Seafood** 25.9

Sizzling mixed seafood sauteed with broccoli, carrot, onion and capsicum

甜酸咕嚕虾

**Sweet & Sour King Prawn** 23.9

Battered crispy fried king prawn served in sweet & sour sauce with pineapple, capsicum & onion



Crispy Barramundi & Green Papaya



LongJing Prawn

## Hot Clay Pot Vegetables

海鲜豆腐煲 Seafood Tofu Clay Pot	24.9
鱼香茄子煲 Yu-Shiang Eggplant in Clay Pot	 19.9
麻婆豆腐煲 Mapo Tofu with Minced Chicken in Clay Pot	  20.9
红烧豆腐煲 Braised Tofu and Mixed Seasonal Vegetable in Clay Pot with Teahouse Brown Sauce	20.9
上海小白菜(蒜茸,蚝油,清炒,炆炒) Shanghai Bok Choy (Garlic sauce/Oyster sauce/ Stir Fried/ Chilli and pepper)	 17.9
芥兰(蒜茸,蚝油,清炒,白灼) Chinese Broccoli (Garlic sauce/Oyster sauce/ Stir Fried/ Light soy bean sauce)	 18.9
西兰花(蒜茸,蚝油,清炒,上汤) Broccoli (Garlic sauce/Oyster sauce/ Stir Fried/ Pre-served soup)	 18.9
雪菜毛豆豆干 Broad Bean Bean Curd (with chilli or without chilli)	 18.9
干煸四季豆 Szechuan Dry Fried String Beans (with chilli or without chilli)	 19.9
腰果炒杂菜 Mixed Seasonal Vegetable with Cashew Nuts	 19.9
椒盐茄子 Salt & Pepper Eggplant	19.9
酱烧脆茄子 Golden Crispy Eggplant with Spicy Soy Sauce	20.9
椒盐豆腐 Salt & Pepper Tofu	19.9



## Rice and Noodle

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扬州炒饭 Teahouse Special Fried Rice	⊗ 14.9
炒饭 (素炒, 杂烩, 海鲜) Fried Rice (vegetarian/Combination/Seafood)	⊗ 13.9/16.9/16.9
泰式炒饭 Special Fried Rice in Thai Sauce	⊗ 15.9
菠萝炒饭 Chicken Fried Rice with Pineapple	⊙ 15.9
福建炒面 (鸡, 牛, 海鲜, 素菜) Hokkien Noodle with Chicken/Beef/Seafood/Vegetarian	14.9/15.9/16.9/13.9
星洲炒米 Singapore Rice Noodle	17.9
泰式炒米 Pad Thai	🌶️ 18.9
干炒牛河 Stir fried Rice Noodle with Beef	18.9
炒贵刁 Char Kway Teow	18.9
煎面 (鸡肉, 海鲜) Crispy Noodle (Chicken/Seafood)	18.9/19.9
白饭 Steam Rice (Per serve)	2.9
<b>Add Extra</b> Chicken, Beef, Vegetables	3.0

## Seafood

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鲍汁百花酿蘑菇 (served 10 pieces)

**Stuffed Mushroom**

 28.9

Pan fried mushroom with mashed king prawn meat and steamed broccoli in abalone sauce

松鼠鱼

**Sweet and Sour Fish**

36.9

Deep fried whole barramundi with carrot, sweet corn, green beans and pine nuts in traditional special sweet and sour sauce



Sweet and Sour Fish

Stuffed Mushroom



## Dessert

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南瓜饼 Pumpkin Pie (3pcs)	7.9
紫薯饼 Sweet Potato Cake (2pcs)	7.9
奶黄包 Egg Custard Bun (1 pce)	3.9
芒果布丁 Mango Pudding	7.9
焦糖布丁 Cream Brule	9.9
炸冰淇淋 Fried Ice Cream (caramel焦糖, chocolate巧克力, strawberry草莓)	11.9
香草冰淇淋 Vanilla Ice Cream	4.9
Tea House 布丁 (Dinner only) Tea House Pudding (Cream caramel with ice cream)	13.9



## Shanghai teahouse

is an exciting concept based on the Chinese Teahouse philosophy providing a relaxed environment to enjoy freshly prepared main course and yum cha dishes using the freshest ingredients.

The flavours are enhanced when enjoyed with one of the wonderful teas available at the Teahouse. The restaurants combination of day core, cusine and teas are a first for South Australia.



*Great atmosphere for parties, functions,  
friendly gatherings and family.*

**Ph: 08 7200 3063 for bookings**

Shop 21-22 Firlle Plaza, 171 Glynburn road,  
Firlle, SA 5070

**Ph: 08 8117 5852 for bookings**

Shop 17, Port Adelaide Plaza  
200 Commercial Road Port Adelaide SA 5015

Visit us at: [www.shanghaiteahouse.com.au](http://www.shanghaiteahouse.com.au)

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Fully Licenced and BYO welcome

\*Bottled wine only\*

